

# True Vine Youth General Lesson

May 11, 2020

## The Belt of Truth



**Lesson Summary:** The first piece of the Armor of God is the belt of truth. God gives us His Truth to protect us from Satan's lies. The more we strengthen our core with God's truth, the better we will be able to stand firm and not trip over Satan's lies & schemes.

**Key Take Away:** With God's Truth as our center, Satan's lies will not cause us to fall.

**Focal Scripture:** Ephesians 6:14

God gives us His belt of Truth to protect us from Satan's lies. The more we strengthen our core with God's truth the better we will be able to stand firm and not trip over Satan's lies & schemes.

THE BELT OF TRUTH - Ephesians 6:14

1. A belt is designed to hold clothing up so it doesn't trip us. In the same way, God's \_\_\_\_\_ helps us not trip and fall for Satan's \_\_\_\_\_.

\* Jesus' example in Matthew 4:1-11

2. A belt is worn around our middle or center. The belt of truth protects our center or \_\_\_\_\_.

• Protects our \_\_\_\_\_

• \_\_\_\_\_ our core and helps us  
\_\_\_\_\_ to stand firm.

Key Take Away: With God's truth as our center, Satan's lies will not cause us to fall!

Pray: P-

R-

A-

Y-

Word bank: ask, balance, core, emotions, lies, praise, strengthens, repent, truth, yield

Our Example - Timothy – 2 Timothy 2:15

Our Commander & Ultimate Hero – Jesus – 2 Timothy 1:12

Our Enemy – Satan - Ephesians 6:10-13

1 John 4:4 – “Greater is He that is in you, than he that is in the world.”

Continue to read, pray and study God's Word!